


# CHECKLIST FOR GROWING CHILDREN

Developmental delay is when your child does not reach their developmental milestone at the expected time. Because every child develops at his or her own pace, your child may reach these milestones slightly before or after other children the same age.

1 1/2 Years	2 Years	3 Years
<b>At 1 1/2 years of age, most children:</b>	<b>At two years of age, most children:</b>	<b>At 3 years of age, most children:</b>
<ul style="list-style-type: none"> <li>— like to pull, push, &amp; dump things</li> <li>— follow simple directions (bring the ball)</li> <li>— pull off shoes &amp; mittens</li> <li>— like to look at pictures</li> <li>— Feed themselves</li> <li>— make marks on paper with crayons</li> <li>— walk without help</li> <li>— step off a low object &amp; keep balance</li> </ul> 	<ul style="list-style-type: none"> <li>— use two to three sentences</li> <li>— say names of toys</li> <li>— recognize familiar pictures</li> <li>— carry something while walking</li> <li>— feed themselves with a spoon</li> <li>— play on their own</li> <li>— turn 2 –3 pages at a time</li> <li>— like to imitate their parents</li> <li>— identify hair, eyes, ears, &amp; nose by pointing</li> <li>— build a tower of four blocks</li> </ul>	<ul style="list-style-type: none"> <li>— walk up steps (alternating feet)</li> <li>— ride a tricycle</li> <li>— put on shoes</li> <li>— open door</li> <li>— turn one page at a time</li> <li>— play with other children for a few minutes</li> <li>— repeat common rhymes</li> <li>— use three to five word sentences</li> <li>— name at least one color correctly</li> <li>— are toilet trained</li> </ul>

**If you have any questions or wish to make a referral, please contact the County Early Intervention Program where your child resides:**

**Allegany County (585) 268-9250**  
**Cayuga County (315) 253-1560**  
**Chemung County (607) 737-5569**  
**Ontario County (585) 396-4546**  
**Schuyler County (607) 535-8140**  
**Yates County (315) 536-5160**

**Seneca County (315) 539-1920**  
**Steuben County (607) 664-2146**  
**Tompkins County (607) 274-6644**  
**Tioga County (607) 687-8600**  
**Wayne County (315) 946-5682**