HOUSING

- Adult Homes in Chemung County: Bethany, Barton’s; Cogswells’ Rest Haven - MH and disabled; Woodbrook
- Arbor Housing –in Chemung County. Supported Housing (for state psychiatric and or community hospital in-patient referrals), see Chemung County SPOE Committee Cover Sheet for referral requirements; in Steuben County, has CR and additional Supported Housing, applications online; administers HCV (Section 8) for Chemung and Steuben Counties
- Carpenters Apt – elderly
- Catholic Charities Gateways Community Living Program (GW) – homeless housing; supported (rent subsidy with limited case management) or supportive (apartments with roommates or community residence) for individual with behavioral health disabilities; see Chemung County SPOE Committee Cover Sheet for referral requirements;
- Catholic Charities Second Place East Shelter – send to Samaritan Center to begin; need a warrant check from police at no cost; need proof of residency - if new to the county they need to apply for DSS benefits first; cannot have $ like SSI; located at 605 College Ave
- Conifer Realty: Biltmore Crossing, St Patrick’s, St Joseph’s Apts
- Elmira Housing Authority (public housing – income based; credit check; online application): Bragg Towers-disabled/elderly; Flannery Apts-disabled/elderly; Hoffman Plaza-families
- Gough apts – applications online
- Heritage Park and Riverview Apts– rent based on 1/3 of income
- Providence Housing: McNiff – disabled; Clemens Manor – disabled
- Owner’s Management Co.: Villa Serene – disabled/elderly
- Realty USA – rentals online
- Safe House – run by Salvation Army; for women and children of domestic abuse, call 732-1979
- Urban Renewal (Elmira Heights and Horseheads) – need to live in those towns to apply (current wait list)

PHYSICAL HEALTH

- AIM Independent Living Center – has the Community Closet which loans out mobility items; also has waiver programs for TBI (Traumatic Brain Injury) and NHTD (nursing home transition diversion program)
- Arnot Medical Services (AMS) Eastside Family Medicine Primary Clinic – accepting Medicaid; call and make an initial appt 732-1310
- ArnotHealth website provides linkages for other primary care, walk-in care, family practice, community resources, support groups, specialist and hospital services, and more, with Health on Demand Call-In Center and Physician Referral 607-737-4499 or 800-952-2662
- Audiology – Franziska-Racker Center Nutrition Clinic – referral made by PCP (Sol Stone is the inpatient part of the clinic)
- Cornell Cooperative Extension has cooking classes – check website
- Chemung Co Family Fitness Center – may be able to volunteer and get 1 month free
- Dental Clinic and Chemung Dental in HHDS accepts Medicaid
• Home Health Aides – Medicaid/Medicare: directly through NY Connects; just Medicaid: need to go through managed care organization
• Optometrist Dr. Weiheng Chen accepts Medicaid
• Podiatry clinic – Able 2
• Physical Fitness Options: Elmira Fitness – deal on memberships - $12/month; Planet Fitness - $10 a month directly from a checking account; Social Connection has treadmill for members; YWCA, Local schools have open swims that are low cost; Harris Hill and Park Station open in May; YWCA scholarship – turn in applications for free or reduced membership

MENTAL HEALTH
• FSCC outpatient MH – call for intake, walk-in
• EPC outpatient – call and/or complete outpatient application
• Dr Albert Chen on Water St – private practice, takes Medicaid
• Dr Tina Addams on Water St – private practice, sees children, takes Medicaid
• Multiple private practitioners (social workers, mental health counselors, psychologists, psychiatrists) in community now accepting Medicaid Managed Care—see Arounja website for list
• Partial Hospitalization programming at Robert Packer – 570-887-6550. 1-2 weeks duration, comprised of mostly recently discharged Packer BSU patients but community referrals are accepted as well
• Salvation Army – has Domestic Violence support groups
• Social Connection for peer support and resources—see Arounja and Network of Care websites

ECONOMIC
• Catholic Charities – Financial Fitness program
• Center for Disability Rights (CDR) in Corning – has Medicaid trust option for individuals with Medicaid spend downs
• Chemung County Department of Social Services (DSS) – complete paper application, turn it in and scan documents after that; Computers in waiting room to apply for Food Stamps
• Clear Point Credit Counseling – one stop shop for debt management in Binghamton; call and make aptt and they can come to town 773-4772
• Emergency services – Red Cross, Economic Opportunity Program (EOP), Samaritan Center, DSS - HEAP
• Empower Federal Credit Union – helps with budgeting
• Food banks – Food Bank of Southern Tier mobile food bank – look online
• Home renovations – Neighborhood Near Westside Association, Bishop Sheen, Habitat for Humanity
• Personal care items – Samaritan and Salvo
• SSA – SSD online, SSI in person, both over phone; AIM helps with process of appeal, LawNY-Chemung County Neighborhood Legal Services helps as well
• Salvation Army – clothes vouchers given in beginning of month, also has clothing closet for kids
• Shabach Tabernacle – Division and Lake; furniture, clothes, etc.
• YWCA – Pink Boutique – women’s clothing

SCHOOL/WORK
• ACCES VR – employment services for people with disabilities
• BOCES – grant funded for specific programs; also has GED classes and leisure learning
• Capabilities – sheltered work, back to work or help for people on SSI/SSD; with FSCC, provide support for volunteer and competitive work situations through Southern Tier Integrated Recovery Services (STIRS) Personalized Recovery Oriented Services (PROS)
• Corning Community College Elmira and Corning Campus sites
• EOP – Literacy Volunteers and Community Food for Jobs Program
• Elcor – CNA paid training
• Elmira Business Institute (EBI)
• Elmira College
• Employment Solutions (732-7350) and Adecco (734-2806) – apply online or in person
• Labor Ready (732-3525) – apply and then show up in the morning for open jobs
• Workforce NY – has workshops and classes

SOCIAL CONNECTIONS

• Social Connection (732-4855); peer-run social groups and activities
• Library – has different classes and lectures
• Senior Center – has groups and classes
• AA and NA meetings – find online
• Support groups online at Arnot website
• Tanglewood
• Churches
• Compeer
• Volunteering – 211 has info; Chemung County Nursing Facility always looking for help – complete application; local animal shelters; food banks; Meals on wheels; hospitals; Chemung Volunteer Action Corps (CVAC – formally RSVP) – volunteering for seniors

FAMILY

• Children’s Integrated Services (CIS) for early intervention and family support
• Comprehensive Interdisciplinary Developmental Services (CIDS) for parent education classes, child developmental screening, healthy families programming, nurse home visitor program, and more
• Conflict Dispute Resolution Center (CDRC) for conflict resolution, mediation
• FSCC Family Counseling Center (FCC); counselors in private practice—see Arounja website
• Finger Lakes Parent Network (FLPN) provides range of family support services
• YWCA support groups
• Youth Bureau provides range of child and family support and activities

SELF CARE

• AIM/Independent Living Center provides individualized assistance with ADLs
• BOCES – cosmetology clinics for hair cuts
• Faith-based organizations in local area
• FSCC Home Health and Personal Care Aides
• Planned Parent Hood
• Thrift Shops for personal self-care items, clothing, etc.—Bargain Hut, Salvation Army, Samaritan Center, Volunteers of America (VOA)
TRANSPORTATION

- BOCES – auto classes for repairs
- Medicaid transportation reimbursement for drivers – found on MAS website
- First Choices / EOP (sometimes ACCES) – bus pass or gas
- Medical Answering Services (MAS) Medicaid transportation – bus or door to door with doctors papers (found online or call 1-800-850-5340)
- Wheels to Work through ProAction of Steuben County
- VA (Elmira branch in IMAST) gives rides to vets for appts

SUBSTANCE ABUSE

- AA/NA/Al-Anon – meeting times can be found online—see Arounja website
- Dual Recovery (MH and SUD) – FSCC, EPC
- Inpatient services: St. Joseph’s Hospital’s New Dawn - Elmira, MATCH – Hornell, Kinship – Bath
- Our House
- Trinity of Chemung for outpatient services