

**FAMILY SERVICES OF CHEMUNG COUNTY, INC. (FSCC)  
HEALTH HOME CARE MANAGEMENT PROGRAM  
CHEMUNG COUNTY COMMUNITY RESOURCES**

**HOUSING**

- Adult Homes in Chemung County: Bethany, Barton's; Cogswells' Rest Haven - MH and disabled; Woodbrook
- Arbor Housing –in Chemung County, Supported Housing (for state psychiatric and or community hospital in-patient referrals), see Chemung County SPOE Committee Cover Sheet for referral requirements; in Steuben County, has CR and additional Supported Housing, applications online; administers HCV (Section 8) for Chemung and Steuben Counties
- Carpenters Apt – elderly
- Catholic Charities Gateways Community Living Program (GW)– homeless housing; supported (rent subsidy with limited case management) or supportive (apartments with roommates or community residence) for individual with behavioral health disabilities; see Chemung County SPOE Committee Cover Sheet for referral requirements;
- Catholic Charities Second Place East Shelter – send to Samaritan Center to begin; need a warrant check from police at no cost; need proof of residency - if new to the county they need to apply for DSS benefits first; cannot have \$ like SSI; located at 605 College Ave
- Conifer Realty: Biltmore Crossing, St Patrick's, St Joseph's Apts
- Elmira Housing Authority (public housing – income based; credit check; online application): Bragg Towers-disabled/elderly; Flannery Apts-disable/elderly; Hoffman Plaza-families
- Gough apts – applications online
- Heritage Park and Riverview Apts– rent based on 1/3 of income
- Providence Housing: McNiff – disabled; Clemens Manor – disabled
- Owner's Management Co.: Villa Serene – disabled/elderly
- Realty USA – rentals online
- Safe House – run by Salvation Army; for women and children of domestic abuse, call 732-1979
- Urban Renewal (Elmira Heights and Horseheads) – need to live in those towns to apply (current wait list)

**PHYSICAL HEALTH**

- AIM Independent Living Center – has the Community Closet which loans out mobility items; also has waiver programs for TBI (Traumatic Brain Injury) and NHTD (nursing home transition diversion program)
- Arnot Medical Services (AMS) Eastside Family Medicine Primary Clinic – accepting Medicaid; call and make an initial appt (**732-1310**)
- ArnotHealth website provides linkages for other primary care, walk-in care, family practice, community resources, support groups, specialist and hospital services, and more, with Health on Demand Call-In Center and Physician Referral (**607-737-4499 or 800-952-2662**)
- Audiology – Franziska-Racker Center Nutrition Clinic – referral made by PCP (Sol Stone is the inpatient part of the clinic)
- Cornell Cooperative Extension has cooking classes – check website
- Chemung Co Family Fitness Center – may be able to volunteer and get 1 month free
- Dental Clinic and Chemung Dental in HHDS accepts Medicaid

- Home Health Aides – Medicaid/Medicare: directly through NY Connects; just Medicaid: need to go through managed care organization
- Optometrist Dr. Weiheng Chen accepts Medicaid
- Podiatry clinic – Able 2
- Physical Fitness Options: Elmira Fitness – deal on memberships - \$12/month; Planet Fitness - \$10 a month directly from a checking account; Social Connection has treadmill for members; YWCA, Local schools have open swims that are low cost; Harris Hill and Park Station open in May; YWCA scholarship – turn in applications for free or reduced membership

## **MENTAL HEALTH**

- FSCC outpatient MH – call for intake, walk-in
- EPC outpatient – call and/or complete outpatient application
- Dr Albert Chen on Water St – private practice, takes Medicaid
- Dr Tina Addams on Water St – private practice, sees children, takes Medicaid
- Multiple private practitioners (social workers, mental health counselors, psychologists, psychiatrists) in community now accepting Medicaid Managed Care—see Arounja website for list
- Partial Hospitalization programming at Robert Packer – 570-887-6550. 1-2 weeks duration, comprised of mostly recently discharged Packer BSU patients but community referrals are accepted as well
- Salvation Army – has Domestic Violence support groups
- Social Connection for peer support and resources—see Arounja and Network of Care websites

## **ECONOMIC**

- Catholic Charities – Financial Fitness program
- Center for Disability Rights (CDR) in Corning – has Medicaid trust option for individuals with Medicaid spend downs
- Chemung County Department of Social Services (DSS) – complete paper application, turn it in and scan documents after that; Computers in waiting room to apply for Food Stamps
- Clear Point Credit Counseling – one stop shop for debt management in Binghamton; call and make appt and they can come to town 773-4772
- Emergency services – Red Cross, Economic Opportunity Program (EOP), Samaritan Center, DSS - HEAP
- Empower Federal Credit Union –helps with budgeting
- Food banks – Food Bank of Southern Tier mobile food bank – look online
- Home renovations – Neighborhood Near Westside Association, Bishop Sheen, Habitat for Humanity
- Personal care items – Samaritan and Salvo
- SSA – SSD online, SSI in person, both over phone; AIM helps with process of appeal, LawNY-Chemung County Neighborhood Legal Services helps as well
- Salvation Army – clothes vouchers given in beginning of month, also has clothing closet for kids
- Shabach Tabernacle – Division and Lake; furniture, clothes, etc.
- YWCA – Pink Boutique – women’s clothing

## **SCHOOL/WORK**

- ACCES VR – employment services for people with disabilities

- BOCES – grant funded for specific programs; also has GED classes and leisure learning
- Capabilities – sheltered work, back to work or help for people on SSI/SSD; with FSCC, provide support for volunteer and competitive work situations through Southern Tier Integrated Recovery Services (STIRS) Personalized Recovery Oriented Services (PROS)
- Corning Community College Elmira and Corning Campus sites
- EOP – Literacy Volunteers and Community Food for Jobs Program
- Elcor – CNA paid training
- Elmira Business Institute (EBI)
- Elmira College
- Employment Solutions (**732-7350**) and Adecco (**734-2806**) – apply online or in person
- Labor Ready (**732-3525**) – apply and then show up in the morning for open jobs
- Workforce NY – has workshops and classes

## **SOCIAL CONNECTIONS**

- Social Connection ( **732-4855**); peer-run social groups and activities
- Library – has different classes and lectures
- Senior Center – has groups and classes
- AA and NA meetings – find online
- Support groups online at Arnot website
- Tanglewood
- Churches
- Compeer
- Volunteering – 211 has info; Chemung County Nursing Facility always looking for help – complete application; local animal shelters; food banks,; Meals on wheels; hospitals; Chemung Volunteer Action Corps (CVAC – formally RSVP) – volunteering for seniors

## **FAMILY**

- Children’s Integrated Services (CIS) for early intervention and family support
- Comprehensive Interdisciplinary Developmental Services (CIDS) for parent education classes, child developmental screening, healthy families programming, nurse home visitor program, and more
- Conflict Dispute Resolution Center (CDRC) for conflict resolution, mediation
- FSCC Family Counseling Center (FCC); counselors in private practice—see Arounja website
- Finger Lakes Parent Network (FLPN) provides range of family support services
- YWCA support groups
- Youth Bureau provides range of child and family support and activities

## **SELF CARE**

- AIM/Independent Living Center provides individualized assistance with ADLs
- BOCES – cosmetology clinics for hair cuts
- Faith-based organizations in local area
- FSCC Home Health and Personal Care Aides
- Planned Parenthood
- Thrift Shops for personal self-care items, clothing, etc.—Bargain Hut, Salvation Army, Samaritan Center, Volunteers of America (VOA)

## **TRANSPORTATION**

- BOCES – auto classes for repairs
- Medicaid transportation reimbursement for drivers – found on MAS website
- First Choices / EOP (sometimes ACCES)– bus pass or gas
- Medical Answering Services (MAS) Medicaid transportation – bus or door to door with doctors papers (found online or call 1-800-850-5340)
- Wheels to Work through ProAction of Steuben County
- VA (Elmira branch in IMAST) gives rides to vets for appts

## **SUBSTANCE ABUSE**

- AA/NA/Al-Anon – meeting times can be found online—see Arounja website
- Dual Recovery (MH and SUD)—FSCC , EPC
- Inpatient services: St. Joseph’s Hospital’s New Dawn - Elmira, MATCH – Hornell, Kinship – Bath
- Our House
- Trinity of Chemung for outpatient services