The S²AY Rural Health Network is a partnership of eight public health departments in the Finger Lakes Region (Chemung, Livingston, Ontario, Schuyler, Seneca, Steuben, Wayne & Yates Counties).

Address:
PO Box 97 Corning, NY, 14830
Phone: 607-962-8459
Fax: 607-962-9755
Web: www.s2aynetwork.org

Contact your Local Health Department to discuss how we can help.

Steuben Public Health
Phone: 607-664-2438
Email: publichealth@co.steuben.ny.us

Seneca Public Health
Phone: 315-539-1920
Website: https://www.co.seneca.ny.us/

Schuyler Public Health
Phone: 607-535-8140
Email: scph@co.schuyler.ny.us

Wayne Public Health
Phone: 315-946-5749
Email: wcph@co.wayne.ny.us

Ontario Public Health
Phone: 585-396-4343
Email: Christy.Richards@co.ontario.ny.us

Yates Public Health
Phone: 315-536-5160
Email: publichealth@yatescounty.org

Chemung Public Health
Phone: 607-737-2856
Email: cchd@co.chemung.ny.us

Livingston Public Health
Phone: 585-243-7299
Email: Dept_of_Health@co.livingston.ny.us

Many of our services are offered through our partner organizations and committees:

Cancer Services Program, Tobacco Action Coalition of the Finger Lakes (TACFL), Southern Tier Tobacco Awareness Coalition (STTAC), Finger Lakes Breastfeeding Partnership, Farm to Cafeteria Committee, Living Healthy Committee, Steuben Rural Health Network, Wayne County Rural Health Network, CCE, Creating Healthy Schools and Communities

Are you a business owner?
Do you have an interest in health and wellness?
Would you like to see wellness efforts in your workplace?

The Finger Lakes Worksite Wellness Committee is here to help.
The Finger Lakes Worksite Wellness Committee, facilitated by the S2AY Rural Health Network, strives to coordinate efforts in the Finger Lakes Region to create a central resource for worksite wellness initiatives.

The VISION of the committee is to...

Create healthy communities by supporting healthy workplaces in the Finger Lakes.

The MISSION of the committee is to...

• Increase awareness of the benefits of workplace wellness programs.
• Provide education and support for health promotion in the workplace.

How We Can Help:
As a collaboration of eight Public Health Departments and various community based organizations, the committee can connect you with a wide range of local services. Examples of services include...

Policy Implementation
• Breastfeeding
• Healthy vending
• Healthy meeting
• Healthy workplace
• Paid time off for Cancer screenings
• Tobacco policy development or revision/updating of current policy (including e-cigarettes)

In-house Workshops
• National Diabetes Prevention Program for individuals who are “Pre-Diabetic”
• Chronic Disease Self Management Program for individuals with chronic diseases
• Health insurance 101
• Cessation services

Lunch and Learn Sessions
• Nutrition
• Disease prevention/management
• Vaccinations
• Health insurance

Other Services
• Assist with offering CSA (local produce) “share” for office delivery
• Small business health insurance education, guidance and enrollment
• Cancer screening services, including financial assistance, education, and support
• Presentations on requested topics
• Newsletters
• Assisting retail businesses in eliminating tobacco sales/ advertisements

You’re invited to attend our monthly meeting:

When: 4th Tuesday of the month
Time: 10:00 AM - 11:00 AM
Address: 417 Liberty Street, Penn Yan
Room: Public Health Conference Room
Contact: Ariel Haradon
Phone: 607-962-8459
Email: Ariel.haradon@s2aynetwork.org

Find us on: LinkedIn
Find us on the web: http://www.s2aynetwork.org/finger-lakes-regional-worksite-wellness-committee.html
Join meeting by Zoom conferencing: https://zoom.us/j/690480664