

S²AY Rural Health Network

The S²AY Rural Health

Network is a partnership of eight public health departments in the Finger

Lakes Region

(Chemung, Livingston, Ontario, Schuyler, Seneca, Steuben, Wayne & Yates Counties).



Address:

PO Box 97 Corning, NY, 14830

Phone: 607-962-8459

Fax: 607-962-9755

Web: www.s2aynetwork.org



Contact your Local Health Department to discuss how we can help.

Steuben Public Health

Phone: 607-664-2438

Email: publichealth@co.steuben.ny.us

Seneca Public Health

Phone: 315-539-1920

Website: <https://www.co.seneca.ny.us/>

Schuyler Public Health

Phone: 607-535-8140

Email: scph@co.schuyler.ny.us

Wayne Public Health

Phone: 315-946-5749

Email: wcph@co.wayne.ny.us

Ontario Public Health

Phone: 585-396-4343

Email: Christy.Richards@co.ontario.ny.us

Yates Public Health

Phone: 315-536-5160

Email: publichealth@yatescounty.org

Chemung Public Health

Phone: 607-737-2856

Email: cchd@co.chemung.ny.us

Livingston Public Health

Phone: 585-243-7299

Email: Dept_of_Health@co.livingston.ny.us

Many of our services are offered through our partner organizations and committees:

Cancer Services Program, Tobacco Action Coalition of the Finger Lakes (TACFL), Southern Tier Tobacco Awareness Coalition (STTAC), Finger Lakes Breastfeeding Partnership, Farm to Cafeteria Committee, Living Healthy Committee, Steuben Rural Health Network, Wayne County Rural Health Network, CCE, Creating Healthy Schools and Communities

Finger Lakes Regional Worksite Wellness Committee



Are you a business owner?

Do you have an interest in health and wellness?

Would you like to see wellness efforts in your workplace?

The Finger Lakes Worksite Wellness Committee is here to help.

Finger Lakes Worksite Wellness Committee

The Finger Lakes Worksite Wellness Committee, facilitated by the S²AY Rural Health Network, strives to coordinate efforts in the Finger Lakes Region to create a central resource for worksite wellness initiatives.

The **VISION** of the committee is to...

Create healthy communities by supporting healthy workplaces in the Finger Lakes.

The **MISSION** of the committee is to...

- **Increase awareness of the benefits of workplace wellness programs.**
- **Provide education and support for health promotion in the workplace.**

How We Can Help:

As a collaboration of eight Public Health Departments and various community based organizations, the committee can connect you with a wide range of local services. Examples of services include...

Policy Implementation

- ◆ Breastfeeding
- ◆ Healthy vending
- ◆ Healthy meeting
- ◆ Healthy workplace
- ◆ Paid time off for Cancer screenings
- ◆ Tobacco policy development or revision/updating of current policy (including e-cigarettes)

In-house Workshops

- ◆ National Diabetes Prevention Program for individuals who are “Pre-Diabetic”
- ◆ Chronic Disease Self Management Program for individuals with chronic diseases
- ◆ Health insurance 101
- ◆ Cessation services

Lunch and Learn Sessions

- ◆ Nutrition
- ◆ Disease prevention/management
- ◆ Vaccinations
- ◆ Health insurance

Other Services

- ◆ Assist with offering CSA (local produce) “share” for office delivery
- ◆ Small business health insurance education, guidance and enrollment
- ◆ Cancer screening services, including financial assistance, education, and support
- ◆ Presentations on requested topics
- ◆ Newsletters
- ◆ Assisting retail businesses in eliminating tobacco sales/ advertisements

*You're invited to attend our
monthly meeting:*

When: 4th Tuesday of the month

Time: 10:00 AM - 11:00 AM

Address: 417 Liberty Street, Penn Yan

Room: Public Health Conference Room

Contact: Ariel Haradon

Phone: 607-962-8459

Email: Ariel.haradon@s2aynetwork.org

Find us on: 

Find us on the web:

<http://www.s2aynetwork.org/finger-lakes-regional-worksite-wellness-committee.html>

Join meeting by Zoom conferencing:

<https://zoom.us/j/690480664>