



Physical Dangers of Underage Drinking

- Since the human brain is not fully developed until a person is in their early to mid twenties, heavy drinking under the age of 21 can permanently impair a person's learning and memory abilities.
- The younger a person is when they begin drinking, the higher the chance that they will become addicted to alcohol at some point in their life.
- Alcohol impairs response time and motor activity. The risk of having an accident while under the influence of alcohol is greatly increased; these accidents may include: car crashes, drowning, burns, and falls.

Common signs of addiction include:

- **Craving** . . . a strong need or urge to drink
- **Loss of control** . . . not being able to stop or cut down drinking
- **Not feeling well after heavy drinking** . . . upset stomach, sweating, shakiness, or nervousness
- **A need to drink more** . . . to get the same effect as before
- **Neglecting activities** . . . giving up or cutting back on other activities
- **Continuing to drink** . . . even though alcohol is causing problems

Schuyler County Commission on Underage Drinking

If you would like more information on these issues please contact:

For reporting any criminal activity including underage drinking parties please call the Crime Information and Drug Activity Tip Line: 607-535-8224

For treatment and/or assessment related to alcohol and/or substance abuse please call the
FLACRA office:
607-535-8260

For prevention education please call the Council on Alcoholism and Addictions of the Finger
Lakes:
607-535-8264