



INTRODUCING: THE STEUBEN PREVENTION COALITION

“Working Toward a Drug Free Community”

TOOL KIT FOR PARENTS

*Welcome to the **STEUBEN PREVENTION COALITION**. We invite representation from 12 sectors of our community to develop a strategic plan to reduce substance use and abuse among youth.*

Did you know, reported by Student survey, in 2012 ...

- In Steuben County 44.3% of all 10th graders report getting alcohol from their home *without* their parents' permission.
- 63.2% of those 10th graders report drinking at home or someone else's home *without* any parent permission.

We invite you to join the Prevention Coalition. The Coalition work groups assess our community and identify specific strategies to implement in Steuben County to reduce substance use among youth.

Contact us today!

Marijuana: What Parents Need to Know

Marijuana puts kids at risk; it is the most widely used illicit drug among youth today. Marijuana use can lead to a host of significant health, social, learning and behavioral problems at a crucial time in a young person's development. Getting high also impairs judgment, which can wreak havoc on teens in high pressure social situations, leading to risky decision making on issues like sex, criminal activity or riding with someone who is driving high.

Consider the facts:

- Marijuana is Addictive – For youth and young adults, aged 12 to 24 years of age, marijuana is the primary diagnosis for admission to treatment facilities each year than all other illicit drugs combined.
- Marijuana Today is Stronger Than Ever – Marijuana is much stronger and more addictive than it was thirty years ago. The average THC levels rose from 1% in the 1970's to 7% today with some varieties testing up to 33%.2.
- Marijuana's Effect on the Brain – Research has found that marijuana intoxication can cause distorted perceptions, difficulty with thinking and problem solving and problems with learning and short term memory. It also affects alertness, balance and coordination, reaction time and other skills required for safe driving and other tasks.