



Regional Workplace Wellness Committee

Meeting Minutes

Facilitator(s)	Hillary Anderson (S2AY Rural Health Network (RHN))	Date:	July 26 th , 2017
		Time:	10:00am-11:00am
Attendees	<p><i>In Person</i> – Kali Beilman-Martin (S2AY RHN), Beth Burdick (GV BOCES/Creating Healthy Schools and Communities (CHSC)), Lorelei Wagner (Steuben Public Health (PH)), Chrissy Lotyczewski (Ontario PH), Elizabeth Watson (Schuyler PH), Heather Bachman (GV BOCES/CHSC), Connie Scudder (Arnot Health/CHSC), AJ VanCuren (Seneca PH),</p> <p><i>Zoom</i> – Catie Kunecki (Common Ground Health), Brigid Heenan (Tobacco Action Coalition of the Finger Lakes (TACFL))</p>		

Key Points Discussed and Action Items

	Agenda Item	Discussion	Action Items	Owner	Target Date
1.	Introductions	The group introduced themselves.			
2.	Performance Measures Update	<p>Hillary reviewed the performance measures dashboard with the group. The group discussed the LinkedIn page. Several group members shared that they are not sure how to access the page. The group talked about creating a “how to” sheet. Hillary will create this sheet and send to Ariel to send to the group. Hillary will pull numbers from the LinkedIn page to complete the first two activities on the dashboard. Elizabeth shared that Schuyler completed one worksite wellness assessment. Lorelei shared that Steuben completed two worksite wellness assessments in the second quarter (Institute for Human Services and Hornell YMCA) and one in the third quarter (Corning Children’s Center). Elizabeth and Lorelei both shared that worksite wellness resources were shared, Hillary entered numbers into the dashboard. The group talked about the brochure for the Committee. Hillary will put the brochure on the website and LinkedIn page, and ask Ariel to send it out to the group again. Lorelei shared that five meetings with businesses occurred in the second quarter and one in the third quarter. AJ shared that he met with a business to discuss the National Diabetes Prevention Program (NDPP). Elizabeth shared that two meetings with businesses occurred in the second quarter. Beth and Heather shared that they held an event around Complete Streets and networked with several businesses for this. They will compile a summary of this to include in the dashboard and provide this to Ariel. Lorelei shared that the Southern Tier Tobacco Awareness Coalition (STTAC) may have some numbers, she will follow up and share with Ariel. Brigid shared that tobacco policies were implemented in a few locations during the second quarter (Geneva Redwings Baseball, Newark Pilots Baseball, Mooseberry Soap Co., and Zion Episcopal Church). Chrissy shared that she has reached out to their union about a policy for time off for cancer screenings. Connie shared that</p>	<p>Created LinkedIn “how to” sheet</p> <p>Update dashboard for second quarter</p> <p>Provide updates to Dashboard to Ariel</p> <p>Post brochure and send to group</p>	<p>Hillary</p> <p>Hillary</p> <p>Beth/ Heather (on event held)/All</p> <p>Hillary/ Ariel</p>	<p>July 2017</p> <p>July 2017</p> <p>August 2017</p> <p>July 2017</p>

		they are working on a breastfeeding friendly provider in Steuben County. AJ shared that they are re-visiting the newly adopted cancer screening policy in Seneca County.			
3.	Worksite Wellness Event	The group discussed holding a worksite wellness event. The group agreed that spring 2018 would be the best time for an event, as the weather will be better for travelling and it will take time to pull together a successful event. The group also agreed that two events will need to be held to solicit adequate participation, one in the north and one in the south. Elizabeth shared that she is doubtful as to how many businesses from Schuyler County would attend. She shared that the Chamber of Commerce has held several events, with less attendance than expected. Beth and Heather shared that they went on foot to talk to businesses to engage them and recruit participation in their Complete Streets event. They shared that they did a lot of work before the event to network and gain co-sponsors. The group talked about possibly speakers for the event. Beth and Heather shared that they had a speaker from their local Municipal Planning Organization (MPO), which was very engaging. They shared that a speaker that possibly has some funding available, is always good, to show that real change is possible. Lorelei shared that one of the speakers that came to the Breastfeeding Partnership may be a good choice (woman who worked with Walmart). The group talked about possibly reaching out to Garlock or Constellation Brands to be a speaker. Other organizations that were mentioned were Kraft, Corning, NYSDOH, Foodlink, and the Bloomfield School Food Director. The group talked about asking Foodlink to bring the curbside market to the event, so attendees can tour the truck. Heather shared the idea of offering “mini grants”, stipends, or staff support to businesses as a carrot for participation. Businesses could apply for funding at or after the event. The group was very supportive of this idea. Hillary will bring this idea back to Ariel to see if there may be funding available in the LIFT Grant. The group agreed on five topics to consider for the event – chronic disease, breastfeeding, tobacco, local food, and insurance. The group talked about the time of the event. The group agreed that it depends on the population we are targeting. If we are targeting human resource managers, a lunch time event may be best (and provide lunch). Kali and Hillary will bring back the information discussed to Ariel and begin moving forward in planning the event.	Bring “mini grant” idea and event ideas back to Ariel	Hillary/ Kali	July 2017
4.	Small Business Health Insurance Options	Ariel will follow up with the group on this at the next meeting.			
5.	Group Sharing	Hillary shared a short survey with the group that Ariel asked her to share. The	Put survey on	Hillary/	August

		<p>group felt that the survey was too long to answer at the meeting. Hillary will put the survey into SurveyMonkey and Ariel will send to the group.</p> <p>Chrissy shared that Ontario County will be offering the Chronic Disease Self-Management Program (CDSMP) in the jail (beginning on 08/10). She shared that they are going through jail medical to get referrals for the program. She shared that addicted individuals can participate in the program, which is good because the jails are seeing a higher addicted population recently. Kali shared that Stanford is currently developing a CDSMP model to accommodate worksites (shorter classes that may be offered at lunch or right after work). Connie shared that two CDSMP classes will be held in Steuben County over the next year.</p> <p>Lorelei shared that from the assessment that was completed by the Hornell YMCA, they are working to implement a policy to offer employees one half hour paid time to work out.</p>	SurveyMonkey and send to the group	Ariel	2017
6.	Next Meeting	Next Meeting: August 22nd, 2017 at 10:00am , Yates County Building, CCE conference room.			