



Tips on communicating with your teen about going to and having parties:

- ✓ Know the address and phone number of where your teen is going, know who they will be with.
- ✓ Agree before hand what the expectations are for your teen's behavior, and set a curfew.
- ✓ Discuss a mutually agreed upon plan for your teen to leave the party early if he/she is uncomfortable with what is going on.
- ✓ Make sure your teen knows that you will not be mad if they call for a ride home so that they do not need to catch a ride with someone who has been drinking or drugging.
- ✓ If your teen wants to host a party, help with the plans.
- ✓ Set definite starting and ending times.
- ✓ Notify neighbors that a supervised party will be going on.
- ✓ Establish clear rules regarding no drugs or alcohol.
- ✓ Plan activities such as dancing, movies, and/or games.
- ✓ Know the guest list.
- ✓ Be visible at the party and know what is going on.
- ✓ Invite another parent or couple to keep you company and to help out if there are problems.

Schuyler County Commission on Underage Drinking

If you would like more information on these issues please contact:

For reporting any criminal activity including underage drinking parties please call the Crime Information and Drug Activity Tip Line: 607-535-8224

For treatment and/or assessment related to alcohol and/or substance abuse please call the FLACRA office:
607-535-8260

For prevention education please call the Council on Alcoholism and Addictions of the Finger Lakes:
607-535-8264